

Club Records - Long Course

FEMALES					OPEN / MALES			
Competition	Date	Name	Time	Event	Time	Name	Date	Competition
Frantic Fifties	07/03/2020	Ella Murphy	28.60	50 free	25.16	Frankie Francis	24/04/2026	SE Region Long Course Championships
East Region Championships	02/05/2016	Abby Smith	59.60	100 free	55.21	Frankie Francis	24/04/2026	SE Region Long Course Championships
East Region Championships	02/05/2016	Abby Smith	2.05.70	200 free	2.01.56	Josh Duggan	04/05/2013	East Region Championships
East Region Championships	02/05/2016	Abby Smith	4.24.83	400 free	4.29.18	Josh Duggan	05/05/2012	East Region Championships
East Region Championships	25/05/2015	Abby Smith	9.07.37	800 free	9.26.37	Aaron Rawnsley	08/05/2026	SE Region Long Course Championships
East Region Championships	19/05/2018	Abby Smith	17.26.79	1500 free	16.36.14	Josh Duggan	09/03/2013	Herts County Championships
East Region Championships	30/04/2017	Claire Burrell	31.96	50 back	29.38	James Atwell	04/03/2023	Frantic Fifties
Norwich Easter Meet	29/03/2013	Georgie Smith	1.07.73	100 back	1.04.09	Josh Duggan	29/03/2013	Norwich Easter Meet
National Championships	23/07/2007	Flora Hanson	2.20.67	200 back	2.19.67	Josh Duggan	04/05/2013	East Region Championships
East Region Championships	04/05/2019	Isabella Chapman	34.64	50 breast	32.36	Cub Maddison	02/03/2024	Frantic Fifties
East Region Championships	05/05/2019	Isabella Chapman	1.17.73	100 breast	1.11.32	Cub Maddison	23/06/2024	Team Luton Summer LC Meet
East Region Championships	04/05/2019	Isabella Chapman	2.47.92	200 breast	2.36.92	Joe Richardson	06/05/2018	East Region Championships
British Summer Championships	24/07/2019	Isabella Chapman	29.40	50 fly	26.83	Edward Castro	07/05/2018	East Region Championships
East Region Championships	03/05/2014	Abby Smith	1.07.57	100 fly	59.56	Edward Castro	29/04/2017	East Region Championships
COSSS No Frills Last Chance	25/05/2013	Abby Smith	2.24.20	200 fly	2.17.10	Angus Harrow	05/05/2019	East Region Championships
East Region Championships	15/06/2008	Flora Hanson	2.32.68	200 IM	2.18.99	Yannik Wilson	07/05/2018	East Region Championships
East Region Championships	05/05/2012	Abby Smith	5.27.87	400 IM	5.04.17	Yannik Wilson	05/05/2018	East Region Championships

9 Year Old Records - Long Course

FEMALES					OPEN / MALES			
Competition	Date	Name	Time	Event	Time	Name	Date	Competition
Frantic Fifties	07/03/2020	Paige Brewster	37.70	50 free	34.38	Tom Dennis	17/03/2018	Frantic Fifties
Team Luton Summer LC Meet	22/06/2024	Asia Gray	1.37.91	100 free	1.17.48	Tom Dennis	18/02/2018	Wycombe & District B&C Meet
			no record	200 free	3.27.18	James Atwell	11/07/2015	Bishops Stortford LC Meet
				400 free				
				800 free				
				1500 free				
Frantic Fifties	07/03/2020	Paige Brewster	42.58	50 back	39.72	Tom Dennis	17/02/2018	Wycombe & District B&C Meet
Wycombe Sprint Meet	27/04/2019	Madeleine Conway	1.56.43	100 back	1.34.56	Theo Rawnsley	21/06/2025	Team Luton Summer Long Course
Team Luton Summer LC meet	15/07/2023	Anna Richards	4.10.75	200 back	3.24.44	Theo Rawnsley	21/06/2025	Team Luton Summer Long Course
Wycombe & District B&C Meet	17/02/2018	Isabel Stockham	53.01	50 breast	48.79	Tom Dennis	17/03/2018	Frantic Fifties
Wycombe Dual Award Meet	16/02/2020	Bethany Hopkins	2.01.01	100 breast	1.54.60	Alban Gill	30/06/2018	Bishops Stortford LC Meet
Wycombe & District B&C Meet	17/02/2018	Isabel Stockham	4.17.30	200 breast	3.44.84	Tom Dennis	18/02/2018	Wycombe & District B&C Meet
Wycombe Sprint Meet	27/04/2019	Madeleine Conway	59.96	50 fly	42.66	Theo Rawnsley	05/04/2025	Frantic Fifties
			no record	100 fly	1.42.45	Theo Rawnsley	21/06/2025	Team Luton Summer Long Course
			no record	200 fly	3.47.70	Theo Rawnsley	21/06/2025	Team Luton Summer Long Course
Team Luton Summer LC Meet	16/07/2023	Anna Richards	4.22.18	200 IM	3.32.24	Theo Rawnsley	21/06/2025	Team Luton Summer Long Course
				400 IM				

10 Year Old Records - Long Course

FEMALES					OPEN / MALES			
Competition	Date	Name	Time	Event	Time	Name	Date	Competition
Bishops Stortford LC Meet	11/07/2015	Isabella Chapman	34.47	50 free	34.15	Tom Dennis	30/06/2018	Bishops Stortford LC Meet
East Region Championships	07/06/2014	Alice Richardson	1.14.67	100 free	1.18.76	Guy Muncer	29/03/2013	Norwich Easter Meet
East Region Championships	15/06/2014	Alice Richardson	2.42.25	200 free	2.45.76	Guy Muncer	29/03/2013	Norwich Easter Meet
East Region Championships	08/06/2014	Alice Richardson	5.44.05	400 free	5.51.72	Guy Muncer	01/06/2013	East Region Championships
			no record	800 free	no record			
			no record	1500 free	no record			
Norwich Easter Meet	29/03/2013	Ellie Galvin	41.06	50 back	39.14	Theo Rawnsley	11/04/2026	HSC Frantic Fifties
East Region Championships	04/06/2011	Katialin Dang	1.22.40	100 back	1.21.82	Theo Rawnsley	08/05/2026	SE Region County Championships
East Region Championships	04/06/2011	Katialin Dang	2.58.96	200 back	2.57.25	Theo Rawnsley	22/03/2026	Team Luton LC Meet
Bishops Stortford LC Meet	11/07/2015	Isabella Chapman	44.72	50 breast	47.91	Tom Dennis	16/03/2019	Frantic Fifties
East Region Championships	04/06/2011	Katialin Dang	1.33.88	100 breast	1.41.68	Guy Muncer	01/06/2013	East Region Championships
East Region Championships	04/06/2011	Katialin Dang	3.24.13	200 breast	3.32.82	Guy Muncer	01/06/2013	East Region Championships
Team Luton LC Meet	16/04/2016	Hannah Brooke	36.63	50 fly	34.22	Theo Rawnsley	08/05/2026	SE Region Long Course Championships
East Region Championships	14/06/2014	Alice Richardson	1.50.94	100 fly	1.24.19	Theo Rawnsley	02/05/2026	SE Region Long Course Championships
			no record	200 fly	3.05.30	Theo Rawnsley	22/03/2026	Team Luton LC Meet
Bishops Stortford LC Meet	11/07/2015	Isabella Chapman	3.10.85	200 IM	3.07.29	Theo Rawnsley	21/03/2026	Team Luton LC Meet
East Region Championships	14/06/2014	Alice Richardson	6.46.35	400 IM	no record			

11 Year Old Records - Long Course

FEMALES					OPEN / MALES			
Competition	Date	Name	Time	Event	Time	Name	Date	Competition
Frantic Fifties	17/03/2018	Florence Crowley	32.51	50 free	31.34	Charles Hallam	23/06/2024	Team Luton Summer LC Meet
Bishops Stortford Open Meet	11/07/2015	Alice Richardson	1.11.18	100 free	1.11.32	Toby Benson	09/05/2025	SE East Region Long Course Champs
Crawley Spring Open Meet	19/04/2015	Alice Richardson	2.34.78	200 free	2.36.64	Toby Benson	03/05/2025	SE East Region Long Course Champs
Team Luton Summer LC Meet	23/06/2024	Sophie Garland	6.21.94	400 free	7.09.78	Liam Jordan	15/07/2023	Team Luton Summer LC Meet
Herts County Championships	09/03/2013	Libby Trayling	11.56.26	800 free	no record			
			no record	1500 free	25.30.82	Aaron Rawnsley	16/07/2023	Team Luton Summer LC Meet
Team Luton LC Meet	15/05/2016	Isabella Chapman	37.30	50 back	35.78	Toby Benson	03/05/2025	SE East Region Long Course Champs
East Region Championships	02/06/2012	Katialin Dang	1.17.69	100 back	1.21.19	Toby Martin	30/03/2019	Team Luton March LC Meet
East Region Championships	02/06/2012	Katialin Dang	2.45.92	200 back	2.52.61	Toby Benson	09/05/2025	SE East Region Long Course Champs
East Region Championships	30/05/2016	Isabella Chapman	40.03	50 breast	43.17	Ralph Muncer	30/10/2012	Cup of Tatras
East Region Championships	02/06/2012	Katialin Dang	1.25.54	100 breast	1.32.13	Ralph Muncer	02/06/2012	East Region Championships
East Region Championships	02/06/2012	Katialin Dang	3.07.16	200 breast	3.14.57	Ralph Muncer	02/06/2012	East Region Championships
Team Luton May LC Meet	13/05/2017	Hannah Brooke	34.83	50 fly	34.32	Toby Martin	16/03/2019	Frantic Fifties
East Region Championships	30/05/2016	Isabella Chapman	1.22.01	100 fly	1.19.96	Toby Martin	30/03/2019	Team Luton March LC Meet
East Region Championships	13/05/2023	Annabelle Clark	3.33.67	200 fly	3.51.20	Aaron Rawnsley	16/07/2023	Team Luton Summer LC Meet
East Region Championships	02/06/2012	Katialin Dang	2.48.05	200 IM	2.59.58	Michael Revell	06/06/2009	East Region Championships
			no record	400 IM	7.05.49	Aaron Rawnsley	16/07/2023	Team Luton Summer LC Meet

12 Year Old Records - Long Course

FEMALES					OPEN / MALES			
Competition	Date	Name	Time	Event	Time	Name	Date	Competition
Bishops Stortford Open Meet	30/06/2018	Hannah Brooke	29.67	50 free	30.28	Charles Hallam	21/06/2025	Team Luton Summer Long Course
East Region Championships	02/06/2007	Flora Hanson	1.05.21	100 free	1.07.17	Toby Benson	08/05/2026	SE East Region Long Course Champs
East Region Championships	02/06/2007	Flora Hanson	2.17.47	200 free	2.22.23	Michael Ripper	14/06/2014	East Region Championships
East Region Championships	02/06/2007	Flora Hanson	4.52.88	400 free	5.01.67	Michael Ripper	15/06/2014	East Region Championships
Herts County Championships	01/03/2014	Claire Burrell	11.21.82	800 free	10.39.82	Charles Hallam	09/05/2025	SE East Region Long Course Champs
			no record	1500 free	21.00.46	Charles Hallam	03/05/2025	SE East Region Long Course Champs
East Region Championships	28/05/2018	Hannah Brooke	34.89	50 back	33.93	Toby Benson	02/05/2026	SE Region Long Course Championships
East Region Championships	02/06/2007	Flora Hanson	1.13.33	100 back	1.13.40	Toby Benson	08/05/2026	SE Region Long Course Championships
National Championships	23/07/2007	Flora Hanson	2.20.67	200 back	2.38.82	Michael Ripper	07/06/2014	East Region Championships
National BAGCAT Championships	30/07/2013	Katialin Dang	39.39	50 breast	39.11	Joe Richardson	14/06/2014	East Region Championships
East Region Championships	01/06/2013	Katialin Dang	1.21.68	100 breast	1.22.47	Joe Richardson	14/06/2014	East Region Championships
National BAGCAT Championships	30/07/2013	Katialin Dang	2.53.87	200 breast	2.58.28	Michael Revell	19/12/2010	Hillingdon Winter Meet
Bishops Stortford Open Meet	30/06/2018	Hannah Brooke	31.75	50 fly	32.51	Charles Hallam	09/05/2025	SE East Region Long Course Champs
East Region Championships	28/05/2018	Hannah Brooke	1.13.43	100 fly	1.14.16	Charles Hallam	03/05/2025	SE East Region Long Course Champs
East Region Championships	28/05/2018	Hannah Brooke	2.49.01	200 fly	2.51.27	Charles Hallam	09/05/2025	SE East Region Long Course Champs
East Region Championships	02/06/2007	Flora Hanson	2.39.58	200 IM	2.43.29	Michael Revell	12/06/2010	East Region Championships
East Region Championships	02/06/2007	Flora Hanson	5.37.20	400 IM	5.53.78	Joe Richardson	07/06/2014	East Region Championships

13 Year Old Records - Long Course

FEMALES					OPEN / MALES			
Competition	Date	Name	Time	Event	Time	Name	Date	Competition
Frantic Fifties	17/03/2018	Isabella Chapman	30.44	50 free	28.52	Lewis Hallam	08/05/2026	SE Region Long Course Championships
East Region Championships	14/06/2009	Abby Smith	1.05.77	100 free	1.02.00	Michael Ripper	24/05/2015	East Region Championships
East Region Championships	14/06/2009	Abby Smith	2.19.93	200 free	2.15.14	Michael Ripper	25/05/2015	East Region Championships
East Region Championships	14/06/2009	Abby Smith	5.01.10	400 free	4.34.33	Aaron Rawnsley	21/03/2026	Team Luton LC Meet
Team Luton April LC Meet	16/04/2017	Alice Richardson	10.50.46	800 free	9.27.33	Aaron Rawnsley	21/03/2026	Team Luton LC Meet
Team Luton LC Meet	21/03/2026	Sophie Garland	20.52.53	1500 free	19.16.00	Aaron Rawnsley	21/06/2025	Team Luton Summer Long Course
Team Luton LC Meet	15/05/2016	Larissa Dean	34.11	50 back	31.77	Ed Campfield	03/05/2016	East Region Championships
East Region Championships	15/06/2008	Flora Hanson	1.11.21	100 back	1.08.70	Ed Campfield	03/05/2016	East Region Championships
Luton Long Course Meet	16/11/2013	Caitlin Hoddinott	2.45.89	200 back	2.27.09	Ed Campfield	03/05/2016	East Region Championships
Frantic Fifties	17/03/2018	Isabella Chapman	37.79	50 breast	36.30	John Telensky	25/05/2015	East Region Championships
Luton Long Course Meet	25/05/2014	Katialin Dang	1.20.82	100 breast	1.21.42	Yannik Wilson	01/04/2016	Scottish National Age Groups
East Region Championships	01/06/2013	Caitlin Hoddinott	2.59.51	200 breast	2.54.99	John Telensky	24/05/2015	East Region Championships
Frantic Fifties	17/03/2018	Isabella Chapman	31.47	50 fly	30.23	John Telensky	24/05/2015	East Region Championships
East Region Championships	14/06/2009	Abby Smith	1.11.21	100 fly	1.07.19	John Telensky	25/05/2015	East Region Championships
East Region Championships	14/06/2009	Abby Smith	2.39.13	200 fly	2.32.73	John Telensky	23/05/2015	East Region Championships
East Region Championships	15/06/2008	Flora Hanson	2.32.68	200 IM	2.35.52	Aaron Rawnsley	21/03/2026	Team Luton LC Meet
			no record	400 IM	5.29.12	John Telensky	23/05/2015	East Region Championships

14 Year Old Records - Long Course

FEMALES					OPEN / MALES			
Competition	Date	Name	Time	Event	Time	Name	Date	Competition
East Region Championships	04/05/2019	Isabella Chapman	29.14	50 free	26.43	John Telensky	02/05/2016	East Region Championships
East Region Championships	02/05/2010	Abby Smith	1.03.87	100 free	58.28	John Telensky	15/05/2016	Team Luton LC Meet
East Region Championships	01/05/2010	Abby Smith	2.15.43	200 free	2.09.75	Aaron Rawnsley	02/05/2026	SE Region County Championships
East Region Championships	02/05/2010	Abby Smith	4.49.14	400 free	4.33.50	Aaron Rawnsley	08/05/2026	SE Region County Championships
Herts County Championships	09/03/2013	Juliet Merelie	10.20.81	800 free	9.26.37	Aaron Rawnsley	08/05/2026	SE Region Long Course Championships
Team Luton LC Summer Meet	23/06/2024	Lucy Alexander	20.37.05	1500 free	18.04.16	Aaron Rawnsley	03/04/2026	CONSC Easter Meet 2026
East Region Winter Championships	04/11/2017	Larissa Dean	33.12	50 back	30.71	Ed Campfield	29/04/2017	East Region Championships
East Region Championships	24/05/2015	Claire Burrell	1.11.12	100 back	1.06.20	Ed Campfield	01/05/2017	East Region Championships
East Region Championships	23/05/2015	Claire Burrell	2.31.54	200 back	2.24.41	Ed Campfield	30/04/2017	East Region Championships
East Region Championships	04/05/2019	Isabella Chapman	34.64	50 breast	34.12	Joe Richardson	02/05/2016	East Region Championships
East Region Championships	05/05/2019	Isabella Chapman	1.17.73	100 breast	1.15.08	Yannik Wilson	29/04/2017	East Region Championships
East Region Championships	04/05/2019	Isabella Chapman	2.47.92	200 breast	2.47.51	Yannik Wilson	30/04/2017	East Region Championships
British Summer Championships	24/07/2019	Isabella Chapman	29.40	50 fly	27.7	Toby Martin	16/07/2022	Team Luton Summer LC Meet
East Region Championships	06/05/2019	Isabella Chapman	1.11.36	100 fly	1.02.71	Toby Martin	16/07/2022	Team Luton Summer LC Meet
East Region Championships	02/05/2010	Abby Smith	2.33.98	200 fly	2.25.58	John Telensky	02/05/2016	East Region Championships
East Region Championships	06/05/2019	Isabella Chapman	2.35.91	200 IM	2.25.99	Yannik Wilson	01/05/2017	East Region Championships
East Region Championships	05/05/2019	Isabella Chapman	5.37.31	400 IM	5.17.83	Aaron Rawnsley	08/05/2026	SE Region County Championships

15 Year Old Records - Long Course

FEMALES					OPEN / MALES			
Competition	Date	Name	Time	Event	Time	Name	Date	Competition
Frantic Fifties	07/03/2020	Isabella Chapman	28.70	50 free	25.94	Frankie Francis	22/03/2026	Team Luton LC Meet
City of Norwich Easter Meet	30/03/2018	Larissa Dean	1.03.40	100 free	57.93	Yannik Wilson	15/04/2018	Team Luton April LC Meet
East Region Championships	03/05/2014	Juliet Merelie	2.21.25	200 free	2.06.57	Josh Duggan	05/05/2012	East Region Championships
East Region Championships	03/05/2014	Juliet Merelie	4.57.75	400 free	4.29.18	Josh Duggan	05/05/2012	East Region Championships
Herts County Championships	01/03/2014	Juliet Merelie	10.07.24	800 free	9.32.68	James Hallam	24/04/2026	SE Region Long Course Championships
Team Luton Summer LC Meet	16/07/2023	Larissa Cowley	23.22.69	1500 free	no record			
East Region Championships	02/05/2016	Claire Burrell	32.14	50 back	30.58	Toby Martin	29/04/2023	East Region Championships
East Region Championships	02/05/2016	Claire Burrell	1.08.09	100 back	1.05.44	Samrahn Sandhu	07/05/2018	East Region Championships
East Region Championships	02/05/2016	Claire Burrell	2.27.39	200 back	2.22.37	Samrahn Sandhu	06/05/2018	East Region Championships
Wycombe & District Premier Meet	14/03/2020	Isabella Chapman	35.48	50 breast	33.44	Yannik Wilson	14/04/2018	Team Luton April LC Meet
East Region Championships	02/05/2010	Alex Revell	1.22.43	100 breast	1.13.72	Yannik Wilson	15/04/2018	Team Luton April LC Meet
East Region Championships	02/05/2015	Caitlin Hoddinott	2.55.06	200 breast	2.41.20	Joe Richardson	30/04/2017	Team Luton May LC Meet
Wycombe & District Premier Meet	15/03/2020	Isabella Chapman	29.84	50 fly	26.87	Toby Martin	01/05/2023	East Region Championships
City of Norwich Easter Meet	30/03/2018	Larissa Dean	1.13.72	100 fly	1.01.54	Toby Martin	29/04/2023	East Region Championships
Wycombe & District Premier Meet	15/03/2020	Lucinda Stanley	2.44.32	200 fly	2.23.37	Angus Harrow	30/04/2017	East Region Championships
Wycombe & District Premier Meet	10/03/2018	Ella Murphy	2.38.91	200 IM	2.18.99	Yannik Wilson	07/05/2018	East Region Championships
East Region Championships	06/05/2018	Ella Murphy	5.38.44	400 IM	5.04.17	Yannik Wilson	05/05/2018	East Region Championships

16 Year Old Records - Long Course

FEMALES					OPEN / MALES			
Competition	Date	Name	Time	Event	Time	Name	Date	Competition
Frantic Fifties	16/03/2019	Ella Murphy	29.04	50 free	25.16	Frankie Francis	24/04/2026	SE Region Long Course Championships
Cup of Tattras	30/09/2012	Abby Smith	1.02.41	100 free	55.21	Frankie Francis	24/04/2026	SE Region Long Course Championships
East Region Championships	29/04/2017	Claire Burrell	2.27.68	200 free	2.01.56	Josh Duggan	04/05/2013	East Region Championships
			no record	400 free	no record			
Team Luton Summer Long Course	21/06/2025	Caroline Sedgwick	11.08.52	800 free				
			no record	1500 free	16.36.14	Josh Duggan	09/03/2013	Herts County Championships
East Region Championships	30/04/2017	Claire Burrell	31.96	50 back	29.90	Toby Martin	20/04/2024	East Region Championships
East Region Championships	01/05/2017	Claire Burrell	1.08.25	100 back	1.04.09	Josh Duggan	29/03/2013	Norwich Easter Meet
East Region Championships	02/05/2010	Georgie Smith	2.27.88	200 back	2.19.67	Josh Duggan	04/05/2013	East Region Championships
East Region Festival of Swimming	08/08/2021	Isabella Chapman	35.78	50 breast	32.70	Joe Richardson	17/03/2018	Frantic Fifties
Team Luton March LC Meet	30/03/2019	Ella Murphy	1.23.16	100 breast	1.12.97	Joe Richardson	05/05/2018	East Region Championships
East Region Championships	02/05/2015	Juliet Merelie	2.57.37	200 breast	2.36.92	Joe Richardson	06/05/2018	East Region Championships
East Region Festival of Swimming	08/08/2021	Isabella Chapman	30.51	50 fly	27.39	Toby Martin	02/03/2024	Frantic Fifties
East Region Championships	05/05/2012	Abby Smith	1.08.40	100 fly	1.01.91	Toby Martin	20/04/2024	East Region Championships
East Region Championships	05/05/2012	Abby Smith	2.28.31	200 fly	2.18.88	Angus Harrow	06/05/2018	East Region Championships
East Region Festival of Swimming	08/08/2021	Isabella Chapman	2.39.36	200 IM	2.33.96	John Telensky	31/03/2018	City of Norwich Easter Meet
East Region Championships	05/05/2012	Abby Smith	5.27.87	400 IM	no record			

17 Year Old Records - Long Course

Competition	FEMALES				OPEN / MALES			
	Date	Name	Time	Event	Time	Name	Date	Competition
Frantic Fifties	07/03/2020	Ella Murphy	28.60	50 free	26.00	Parker Brewster	11/04/2026	HSC Frantic Fifties
Norwich Easter Meet	29/03/2013	Abby Smith	1.01.05	100 free	57.71	Morgan Pugh	01/05/2010	East Region Championships
COSSS No Frills Last Chance	25/05/2013	Abby Smith	2.10.11	200 free	2.25.22	Ruel Shepperd	19/03/2022	Team Luton LC Meet
COSSS No Frills Last Chance	25/05/2013	Abby Smith	4.30.88	400 free	5.14.11	Ruel Shepperd	19/03/2022	Team Luton LC Meet
Herts County Championships	01/03/2014	Abby Smith	9.22.25	800 free	10.10.21	Ben Horridge	15/07/2023	Team Luton Summer LC Meet
			no record	1500 free	no record			
Team Luton March LC Meet	30/03/2019	Aggie Burns	33.58	50 back	29.38	James Atwell	04/03/2023	Frantic Fifties
Wycombe & District Premier Meet	15/03/2020	Larissa Dean	1.13.86	100 back	1.05.96	Parker Brewster	02/05/2026	SE Region Long Course Championships
			no record	200 back	no record			
Frantic Fifties	07/03/2020	Ella Murphy	35.94	50 breast	32.36	Cub Maddison	02/03/2024	Frantic Fifties
Team Luton LC Meet	21/03/2026	Caitlin Peters	1.25.40	100 breast	1.11.32	Cub Maddison	23/06/2024	Team Luton LC Meet
East Region Championships	02/05/2016	Juliet Merelie	2.57.89	200 breast	3.22.73	Ruel Shepperd	19/03/2022	Team Luton LC Meet
Frantic Fifties	23/04/2022	Isabella Chapman	30.38	50 fly	28.13	Angus Harrow	07/03/2020	Frantic Fifties
Luton Long Course Meet	16/11/2013	Abby Smith	1.08.66	100 fly	1.01.47	Angus Harrow	04/05/2019	East Region Championships
COSSS No Frills Last Chance	25/05/2013	Abby Smith	2.24.20	200 fly	2.17.10	Angus Harrow	05/05/2019	East Region Championships
Team Luton Summer LC Meet	17/07/2022	Lucinda Stanley	2.41.81	200 IM	2.25.14	Cub Maddison	22/06/2024	Team Luton LC Meet
East Region Championships	02/05/2016	Juliet Merelie	5.40.99	400 IM	no record			

18 & Over Records - Long Course

FEMALES					OPEN / MALES			
Competition	Date	Name	Time	Event	Time	Name	Date	Competition
East Region Championships	03/05/2014	Abby Smith	28.67	50 free	27.52	Ruel Shepperd	04/03/2023	Frantic Fifties
East Region Championships	02/05/2016	Abby Smith	59.60	100 free	no record			
East Region Championships	02/05/2016	Abby Smith	2.05.70	200 free	no record			
East Region Championships	02/05/2016	Abby Smith	4.24.83	400 free	no record			
East Region Championships	25/05/2015	Abby Smith	9.07.37	800 free	no record			
East Region Championships	19/05/2018	Abby Smith	17.26.79	1500 free	18.00.27	Edward Castro	16/04/2016	Team Luton LC Meet
Frantic Fifties	07/03/2020	Aggie Burns	33.04	50 back	32.13	Ruel Shepperd	04/03/2023	Frantic Fifties
Norwich Easter Meet	29/03/2013	Georgie Smith	1.07.73	100 back	no record			
National Youth Championships	05/08/2013	Georgie Smith	2.28.00	200 back	no record			
East Region Championships	04/05/2019	Juliet Merelie	37.53	50 breast	35.00	Ruel Shepperd	04/03/2023	Frantic Fifties
East Region Championships	30/04/2017	Juliet Merelie	1.22.47	100 breast	no record			
East Region Championships	29/04/2017	Juliet Merelie	2.55.56	200 breast	no record			
East Region Championships	03/05/2014	Abby Smith	30.46	50 fly	26.83	Edward Castro	07/05/2018	East Region Championships
East Region Championships	03/05/2014	Abby Smith	1.07.57	100 fly	59.56	Edward Castro	29/04/2017	East Region Championships
East Region Championships	03/05/2014	Abby Smith	2.26.84	200 fly	2.42.34	Freddie Arbuthnott	01/08/2021	East Region Festival of Swimming
			no record	200 IM	no record			
East Region Championships	30/04/2017	Juliet Merelie	5.39.38	400 IM	no record			

Club Records Progression - Female

50 Freestyle			50 Backstroke			50 Breaststroke			50 Butterfly		
Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date
29.32	Abby Smith	05/05/2012	33.38	Georgie Smith	02/05/2010	37.99	Alex Revell	02/05/2010	31.02	Abby Smith	05/05/2012
29.19	Abby Smith	29/03/2013	33.12	Georgie Smith	29/03/2013	37.77	Ella Murphy	16/04/2017	30.76	Abby Smith	03/05/2014
28.67	Abby Smith	03/05/2014	32.14	Claire Burrell	02/05/2016	37.08	Ella Murphy	11/03/2018	30.46	Abby Smith	03/05/2014
28.60	Ella Murphy	07/03/2020	31.96	Claire Burrell	30/04/2017	36.54	Ella Murphy	05/05/2018	30.43	Isabella Chapman	31/03/2019
						35.91	Isabella Chapman	16/03/2019	30.35	Isabella Chapman	06/05/2019
						35.56	Isabella Chapman	31/03/2019	29.58	Isabella Chapman	06/05/2019
						35.37	Isabella Chapman	04/05/2019	29.40	Isabella Chapman	24/07/2019
						34.64	Isabella Chapman	04/05/2019			

100 Freestyle			100 Backstroke			100 Breaststroke			100 Butterfly		
Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date
1.02.41	Abby Smith	30/09/2012	1.10.17	Georgie Smith	02/05/2010	1.22.43	Alex Revell	02/05/2010	1.08.40	Abby Smith	05/05/2012
1.01.21	Abby Smith	29/03/2013	1.07.89	Georgie Smith	29/03/2013	1.21.68	Katialin Dang	01/06/2013	1.07.98	Abby Smith	03/05/2014
1.01.05	Abby Smith	29/03/2013	1.07.73	Georgie Smith	29/03/2013	1.20.82	Katialin Dang	25/05/2014	1.07.57	Abby Smith	03/05/2014
1.00.29	Abby Smith	03/05/2015				1.19.19	Isabella Chapman	30/03/2019			
1.00.16	Abby Smith	03/05/2015				1.17.73	Isabella Chapman	05/05/2019			
1.00.01	Abby Smith	02/05/2016									
59.60	Abby Smith	02/05/2016									

200 Freestyle			200 Backstroke			200 Breaststroke			200 Butterfly			200 Individual Medley		
Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date
2.15.43	Abby Smith	01/05/2010	2.20.67	Flora Hanson	23/07/2007	2.54.69	Alex Revell	04/05/2009	2.28.31	Abby Smith	05/05/2012	2.32.68	Flora Hanson	15/06/2008
2.10.91	Abby Smith	29/03/2013				2.53.87	Katialin Dang	30/07/2013	2.26.89	Abby Smith	29/03/2013			
2.10.63	Abby Smith	04/05/2013				2.53.14	Isabella Chapman	04/05/2019	2.24.20	Abby Smith	25/05/2013			
2.10.11	Abby Smith	25/05/2013				2.47.92	Isabella Chapman	04/05/2019						
2.07.03	Abby Smith	04/05/2015												
2.06.26	Abby Smith	04/05/2015												
2.06.23	Abby Smith	02/05/2016												
2.05.70	Abby Smith	02/05/2016												

400 Freestyle			400 Individual Medley			800 Freestyle			1500 Freestyle		
Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date
4.49.14	Abby Smith	02/05/2010	5.27.87	Abby Smith	05/05/2012	10.20.81	Juliet Merelie	09/03/2013	17.26.79	Abby Smith	19/05/2018
4.30.88	Abby Smith	25/05/2013				10.07.24	Juliet Merelie	01/03/2014			
4.25.22	Abby Smith	02/05/2015				9.22.25	Abby Smith	01/03/2014			
4.24.83	Abby Smith	02/05/2016				9.07.37	Abby Smith	25/05/2015			

Club Records Progression - Open / Male

50 Freestyle			50 Backstroke			50 Breaststroke			50 Butterfly		
Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date
26.33	Morgan Pugh	01/05/2010	30.10	Morgan Pugh	02/05/2009	43.17	Ralph Muncer	30/10/2012	28.54	Morgan Pugh	01/05/2010
26.13	John Telensky	15/04/2018	30.05	James Atwell	23/04/2022	41.86	Ralph Muncer	29/03/2013	26.90	Edward Castro	19/03/2016
25.94	Frankie Francis	22/03/2026	29.38	James Atwell	04/03/2023	41.13	Joe Richardson	08/06/2014	26.83	Edward Castro	07/05/2018
25.89	Frankie Francis	11/04/2026				39.11	Joe Richardson	14/06/2014			
25.16	Frankie Francis	24/04/2026				37.67	Joe Richardson	18/04/2015			
						36.95	Joe Richardson	25/05/2015			
						36.30	John Telensky	25/05/2015			
						36.23	Joe Richardson	19/03/2016			
						34.80	Joe Richardson	25/03/2016			
						34.51	Joe Richardson	02/05/2016			
						34.12	Joe Richardson	02/05/2016			
						33.54	Joe Richardson	16/04/2017			
						32.93	Joe Richardson	05/11/2017			
						32.70	Joe Richardson	17/03/2018			
						32.36	Cub Maddison	02/03/2024			

100 Freestyle		
Time	Name	Date
57.71	Morgan Pugh	01/05/2010
56.97	Josh Duggan	29/03/2013
56.54	Josh Duggan	04/05/2013
55.21	Frankie Francis	24/04/2026

100 Backstroke		
Time	Name	Date
1.07.61	Morgan Pugh	02/05/2009
1.04.09	Josh Duggan	29/03/2013

100 Breaststroke		
Time	Name	Date
1.24.99	Michael Revell	12/06/2010
1.24.10	Joe Richardson	24/05/2014
1.22.47	Joe Richardson	14/06/2014
1.21.79	Joe Richardson	23/05/2015
1.21.35	John Telensky	11/07/2015
1.19.66	John Telensky	12/03/2016
1.17.45	Joe Richardson	25/03/2016
1.16.74	Joe Richardson	16/04/2016
1.16.54	Joe Richardson	02/05/2016
1.15.36	Joe Richardson	15/05/2016
1.14.73	Joe Richardson	29/04/2017
1.14.72	Joe Richardson	04/11/2017
1.14.22	Joe Richardson	01/04/2018
1.13.11	Joe Richardson	15/04/2018
1.12.97	Joe Richardson	05/05/2018
1.11.32	Cub Maddison	23/06/2024

100 Butterfly		
Time	Name	Date
1.05.56	Morgan Pugh	02/05/2009
1.05.49	John Telensky	15/05/2016
1.03.43	Angus Harrow	29/04/2017
59.56	Edward Castro	29/04/2017

200 Freestyle		
Time	Name	Date
2.06.57	Josh Duggan	05/05/2012
2.01.91	Josh Duggan	04/05/2013
2.01.56	Josh Duggan	04/05/2013

200 Backstroke		
Time	Name	Date
2.24.16	Josh Duggan	05/05/2012
2.20.70	Josh Duggan	29/03/2013
2.19.67	Josh Duggan	04/05/2013

200 Breaststroke		
Time	Name	Date
2.58.28	Michael Revell	19/12/2010
2.54.99	John Telensky	24/05/2015
2.49.92	Joe Richardson	25/03/2016
2.47.51	Yannik Wilson	30/04/2017
2.45.38	Joe Richardson	30/04/2017
2.42.06	Joe Richardson	30/04/2017
2.41.20	Joe Richardson	30/04/2017
2.40.75	Joe Richardson	05/11/2017
2.39.17	Joe Richardson	11/03/2018
2.36.92	Joe Richardson	06/05/2018

200 Butterfly		
Time	Name	Date
2.33.68	John Telensky	23/05/2015
2.32.73	John Telensky	23/05/2015
2.32.47	John Telensky	16/04/2016
2.26.88	John Telensky	02/05/2016
2.25.58	John Telensky	02/05/2016
2.23.37	Angus Harrow	30/04/2017
2.18.88	Angus Harrow	06/05/2018
2.17.10	Angus Harrow	05/05/2019

200 Individual Medley		
Time	Name	Date
2.27.54	Josh Duggan	05/05/2012
2.25.99	Yannik Wilson	01/05/2017
2.23.79	Yannik Wilson	11/03/2018
2.22.91	Yannik Wilson	14/04/2018
2.20.59	Yannik Wilson	07/05/2018
2.18.99	Yannik Wilson	07/05/2018

400 Freestyle			400 Individual Medley			800 Freestyle			1500 Freestyle		
Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date
4.29.18	Josh Duggan	05/05/2012	6.16.75	Ben Galvin	02/06/2012	11.13.86	Robert Flaxbeard	19/03/2022	16.36.14	Josh Duggan	09/03/2013
			5.53.78	Joe Richardson	07/06/2014	10.10.21	Ben Horridge	15/07/2023			
			5.47.94	Yannik Wilson	23/05/2015	10.07.85	Callum Richards	21/03/2026			
			5.29.12	John Telensky	23/05/2015	9.32.40	Aaron Rawnsley	03/04/2026			
			5.19.47	John Telensky	02/05/2016	9.26.37	Aaron Rawnsley	08/05/2026			
			5.13.63	Joe Richardson	29/04/2017						
			5.04.17	Yannik Wilson	05/05/2018						

9 Year Old Records Progression - Female

50 Freestyle			50 Backstroke			50 Breaststroke			50 Butterfly		
Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date
45.42	Madeleine Conway	27/04/2019	56.40	Hannah Grigg	18/02/2017	53.01	Isabel Stockham	17/02/2018	59.96	Madeleine Conway	27/04/2019
37.70	Paige Brewster	07/03/2020	55.83	Isabel Stockham	18/02/2018						
			52.32	Madeleine Conway	27/04/2019						
			42.58	Paige Brewster	07/03/2020						

100 Freestyle			100 Backstroke			100 Breaststroke			100 Butterfly		
Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date
1.45.14	Madeleine Conway	27/04/2019	1.56.43	Madeleine Conway	27/04/2019	2.25.67	Emily Fettes	16/02/2020	59.96	Madeleine Conway	27/04/2019
1.37.91	Asia Gray	22/06/2024				2.01.01	Bethany Hopkins	16/02/2020			

200 Freestyle			200 Backstroke			200 Breaststroke			200 Butterfly		200 Individual Medley		
Time	Name	Date	Time	Name	Date	Time	Name	Date	Name	Date	Time	Name	Date
no record			4.10.75	Anna Richards	15/07/2023	4.17.30	Isabel Stockham	17/02/2018	no record		4.22.18	Anna Richards	16/07/2023

9 Year Old Records Progression - Open / Male

50 Freestyle			50 Backstroke			50 Breaststroke			50 Butterfly		
Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date	
37.30	James Atwell	11/07/2015	45.74	James Atwell	11/07/2015	57.13	James Atwell	11/07/2015	43.73	Tom Dennis	18/02/2018
34.38	Tom Dennis	17/03/2018	39.72	Tom Dennis	17/02/2018	53.89	Alban Gill	18/02/2018	42.66	Theo Rawnsley	05/04/2025
						50.45	Tom Dennis	18/02/2018			
						48.79	Tom Dennis	17/03/2018			

100 Freestyle			100 Backstroke			100 Breaststroke			100 Butterfly		
Name	Date	Time	Name	Date	Time	Name	Date	Name	Date	Time	
1.38.48	James Atwell	11/07/2015	2.06.55	Tom Finch	18/02/2018	2.31.70	Alex Donnet	19/02/2017	1.42.45	Theo Rawnsley	21/06/2025
1.33.74	Alban Gill	18/02/2018	2.00.76	Tom Foster	27/04/2019	1.54.60	Alban Gill	30/06/2018			
1.17.48	Tom Dennis	18/02/2018	1.34.56	Theo Rawnsley	21/06/2025						

200 Freestyle			200 Backstroke			200 Breaststroke			200 Butterfly			200 Individual Medley			
Name	Date	Time	Name	Date	Time	Name	Date	Name	Date	Time	Name	Date	Name	Date	Time
3.27.18	James Atwell	11/07/2015	3.24.44	Theo Rawnsley	21/06/2025	3.44.84	Tom Dennis	18/02/2018	3.47.70	Theo Rawnsley	21/06/2025	3.32.24	Theo Rawnsley	21/06/2025	

10 Year Old Records Progression - Female

50 Freestyle		
Time	Name	Date
34.47	Isabella Chapman	11/07/2015

50 Backstroke		
Time	Name	Date
41.06	Ellie Galvin	29/03/2013

50 Breaststroke		
Time	Name	Date
45.38	Katialin Dang	04/06/2011
44.74	Isabella Chapman	08/02/2015
44.72	Isabella Chapman	11/07/2015

50 Butterfly		
Time	Name	Date
48.37	Ellie Galvin	29/03/2013
40.96	Freya Dibley	11/07/2015
38.97	Isabella Chapman	11/07/2015
38.93	Hannah Brooke	19/03/2016
36.63	Hannah Brooke	16/04/2016

100 Freestyle		
Time	Name	Date
1.14.67	Alice Richardson	07/06/2014

100 Backstroke		
Time	Name	Date
1.22.40	Katialin Dang	04/06/2011

100 Breaststroke		
Time	Name	Date
1.33.88	Katialin Dang	04/06/2011

100 Butterfly		
Time	Name	Date
1.50.94	Alice Richardson	14/06/2014

200 Freestyle		
Time	Name	Date
2.48.28	Alice Richardson	08/06/2014
2.42.25	Alice Richardson	15/06/2014

200 Backstroke		
Time	Name	Date
2.58.96	Katialin Dang	04/06/2011

200 Breaststroke		
Time	Name	Date
3.24.13	Katialin Dang	04/06/2011

200 Individual Medley		
Time	Name	Date
no record		

200 Individual Medley		
Time	Name	Date
3.23.46	Ellie Galvin	29/03/2013
3.10.85	Isabella Chapman	11/07/2015

400 Freestyle		
Time	Name	Date
5.44.05	Alice Richardson	08/06/2014

400 Individual Medley		
Time	Name	Date
6.46.35	Alice Richardson	14/06/2014

10 Year Old Records Progression - Open / Male

50 Freestyle

Time	Name	Date
36.36	Guy Muncer	29/03/2013
36.22	James Atwell	19/03/2016
	James Atwell	02/07/2016
34.15	Tom Dennis	30/06/2018

50 Backstroke

Time	Name	Date
40.71	James Atwell	19/03/2016
40.41	Toby Martin	30/06/2018
39.14	Theo Rawnsley	11/04/2026

50 Breaststroke

Time	Name	Date
54.47	Guy Muncer	29/03/2013
48.41	Luka Wilson	19/03/2016
47.91	Tom Dennis	16/03/2019

50 Butterfly

Time	Name	Date
48.93	Guy Muncer	29/03/2013
40.05	James Atwell	19/03/2016
37.89	Toby Martin	30/06/2018
36.33	Theo Rawnsley	21/03/2026
34.22	Theo Rawnsley	08/05/2026

100 Freestyle

Time	Name	Date
1.18.76	Guy Muncer	29/03/2013

100 Backstroke

Time	Name	Date
1.30.22	James Atwell	02/07/2016
1.22.44	Theo Rawnsley	21/03/2026
1.21.82	Theo Rawnsley	08/05/2026

100 Breaststroke

Time	Name	Date
1.49.27	Guy Muncer	29/03/2013
1.41.68	Guy Muncer	01/06/2013

100 Butterfly

Time	Name	Date
1.43.69	Tom Dennis	30/06/2018
1.29.13	Theo Rawnsley	21/03/2026
1.24.19	Theo Rawnsley	02/05/2026

200 Freestyle

Time	Name	Date
2.45.76	Guy Muncer	29/03/2013

200 Breaststroke

Time	Name	Date
3.40.15	Guy Muncer	29/03/2013
3.32.82	Guy Muncer	01/06/2013

200 Backstroke

Time	Name	Date
3.19.69	Charles Lewis	12/03/2023
2.57.25	Theo Rawnsley	22/03/2026

200 Butterfly

Time	Name	Date
3.05.30	Theo Rawnsley	22/03/2026

400 Freestyle

Time	Name	Date
5.51.72	Guy Muncer	01/06/2013

400 Individual Medley

Time	Name	Date
no record		

200 Individual Medley

Time	Name	Date
3.15.88	Guy Muncer	29/03/2013
3.07.29	Theo Rawnsley	21/03/2026

11 Year Old Records Progression - Female

50 Freestyle			50 Backstroke			50 Breaststroke			50 Butterfly		
Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date
35.47	Claire Burrell	30/09/2012	41.16	Claire Burrell	30/09/2012	43.57	Juliet Merelie	13/06/2010	43.09	Libby Trayling	30/09/2012
34.60	Alice Richardson	19/04/2015	39.75	Emma Craig	19/03/2016	42.44	Freya Dibley	19/03/2016	42.89	Maddie Hoddinott	19/03/2016
34.45	Alice Richardson	11/07/2015	38.56	Georgina Murphy	19/03/2016	40.03	Isabella Chapman	30/05/2016	42.36	Emma Craig	19/03/2016
33.05	Georgina Murphy	19/03/2016	37.30	Isabella Chapman	15/05/2016				36.00	Freya Dibley	19/03/2016
32.51	Florence Crowley	17/03/2018							35.40	Freya Dibley	30/05/2016
									35.17	Isabella Chapman	30/05/2016
									34.83	Hannah Brooke	13/05/2017

100 Freestyle			100 Backstroke			100 Breaststroke			100 Butterfly		
Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date
1.12.22	Katialin Dang	02/06/2012	1.17.69	Katialin Dang	02/06/2012	1.25.54	Katialin Dang	02/06/2012	1.22.01	Isabella Chapman	30/05/2016
1.11.18	Alice Richardson	11/07/2015									

200 Freestyle			200 Backstroke			200 Breaststroke			200 Butterfly			200 Individual Medley		
Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date
2.34.78	Alice Richardson	19/04/2015	2.45.92	Katialin Dang	02/06/2012	3.07.16	Katialin Dang	02/06/2012	3.33.67	Annabelle Clark	13/05/2023	2.48.05	Katialin Dang	02/06/2012

400 Freestyle			400 Individual Medley			800 Freestyle		
Time	Name	Date	Time	Name	Date	Time	Name	Date
7.59.67	Caitlin Peters	15/02/2020	no record			11.56.26	Libby Trayling	09/03/2013
6.21.94	Sophie Garland	23/06/2024						

11 Year Old Records Progression - Open / Male

50 Freestyle			50 Backstroke			50 Breaststroke			50 Butterfly					
Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date			
	John Telensky	30/10/2012	41.93	Joe Richardson	30/10/2012	43.17	Ralph Muncer	30/10/2012	37.97	John Telensky	30/10/2012			
34.75	Bradley Borland	11/07/2015	40.63	George Williams	11/07/2015				37.45	George Williams	19/03/2016			
34.27	George Williams	19/03/2016	40.33	George Williams	19/03/2016				36.04	James Atwell	27/05/2017			
33.96	Lewis Dormer	01/07/2017	39.00	James Atwell	01/07/2017				34.32	Toby Martin	16/03/2019			
32.47	Toby Martin	16/03/2019	38.25	Toby Martin	16/03/2019									
32.13	Parker Brewster	07/03/2020	37.85	Parker Brewster	07/03/2020									
31.34	Charles Hallam	23/06/2024	35.78	Toby Benson	03/05/2025									
100 Freestyle			100 Backstroke			100 Breaststroke			100 Butterfly					
Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date			
1.17.67	Matt Tester-Wilson	30/10/2012	1.21.47	Morgan Pugh	19/06/2004	1.32.13	Ralph Muncer	02/06/2012	1.34.43	John Telensky	30/10/2012			
1.16.14	James Atwell	01/07/2017	1.21.19	Toby Martin	30/03/2019				1.29.98	James Atwell	01/07/2017			
1.12.43	Charles Hallam	23/06/2024							1.19.96	Toby Martin	30/03/2019			
1.11.32	Toby Benson	09/05/2025												
200 Freestyle			200 Backstroke			200 Breaststroke			200 Butterfly			200 Individual Medley		
Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date
2.41.97	Michael Revell	06/06/2009	2.55.61	Morgan Pugh	19/06/2004	3.14.57	Ralph Muncer	02/06/2012	3.51.20	Aaron Rawnsley	16/07/2023	2.59.58	Michael Revell	06/06/2009
2.36.64	Toby Benson	03/05/2025	2.52.61	Toby Benson	09/05/2025									
400 Freestyle			400 Individual Medley			1500 Freestyle								
Time	Name	Date	Time	Name	Date	Time	Name	Date						
7.09.78	Liam Jordan	15/07/2023	7.05.49	Aaron Rawnsley	16/07/2023	25.30.82	Aaron Rawnsley	16/07/2023						

12 Year Old Records Progression - Female

50 Freestyle			50 Backstroke			50 Breaststroke			50 Butterfly		
Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date
35.83	Juliet Merelie	04/06/2011	37.40	Katialin Dang	16/11/2013	42.33	Juliet Merelie	04/06/2011	39.02	Larissa Dean	18/04/2015
33.13	Ella Murphy	11/07/2015	34.89	Isabella Chapman	29/05/2017	39.39	Katialin Dang	30/07/2013	36.73	Larissa Dean	11/07/2015
32.87	Alice Richardson	19/03/2016	34.89	Hannah Brooke	28/05/2018				35.09	Alice Richardson	19/03/2016
32.81	Alice Richardson	02/07/2016							34.10	Isabella Chapman	28/05/2017
31.20	Hannah Brooke	17/03/2018							32.78	Hannah Brooke	17/02/2018
30.84	Hannah Brooke	14/04/2018							31.98	Hannah Brooke	28/05/2018
29.67	Hannah Brooke	30/06/2018							31.75	Hannah Brooke	30/06/2018

100 Freestyle			100 Backstroke			100 Breaststroke			100 Butterfly		
Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date
1.05.21	Flora Hanson	02/06/2007	1.13.33	Flora Hanson	02/06/2007	1.27.45	Alex Revell	02/06/2007	1.24.69	Caitlin Hoddinott	30/05/2012
						1.23.08	Katialin Dang	01/06/2013	1.24.34	Alice Richardson	02/07/2016
						1.21.68	Katialin Dang	01/06/2013	1.20.13	Hannah Brooke	17/02/2018
									1.18.06	Hannah Brooke	11/03/2018
									1.13.43	Hannah Brooke	28/05/2018

200 Freestyle			200 Backstroke			200 Breaststroke			200 Butterfly			200 Individual Medley		
Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date
2.17.47	Flora Hanson	02/06/2007	2.20.67	Flora Hanson	23/07/2007	3.07.32	Alex Revell	02/06/2007	3.23.60	Larissa Dean	19/04/2015	2.39.58	Flora Hanson	02/06/2007
						2.55.37	Katialin Dang	01/06/2013	3.05.22	Alice Richardson	30/05/2016			
						2.53.87	Katialin Dang	30/07/2013	2.49.01	Hannah Brooke	28/05/2018			

400 Freestyle			400 Individual Medley			800 Freestyle		
Time	Name	Date	Time	Name	Date	Time	Name	Date
4.52.88	Flora Hanson	02/06/2007	5.37.20	Flora Hanson	02/06/2007	11.21.82	Claire Burrell	01/03/2014

12 Year Old Records Progression - Open / Male

50 Freestyle		
Time	Name	Date
32.35	Michael Ripper	14/06/2014
32.01	Luke Temple	15/05/2016
31.84	Ben Jupp	02/07/2016
31.70	James Atwell	17/03/2018
31.41	James Atwell	30/06/2018
30.90	Toby Martin	07/03/2020
30.85	Charles Hallam	09/05/2025
30.28	Charles Hallam	21/06/2025

50 Backstroke		
Time	Name	Date
34.09	Ed Campfield	25/05/2015
33.93	Toby Benson	02/05/2026

50 Breaststroke		
Time	Name	Date
41.86	Ralph Muncer	29/03/2013
41.13	Joe Richardson	08/06/2014
39.11	Joe Richardson	14/06/2014

50 Butterfly		
Time	Name	Date
41.83	Ralph Muncer	29/03/2013
38.78	Joe Richardson	07/06/2014
36.46	Yannik Wilson	19/04/2015
35.17	James Atwell	17/03/2018
32.79	Toby Martin	07/03/2020
32.68	Charles Hallam	09/05/2025
32.51	Charles Hallam	09/05/2025

100 Freestyle		
Time	Name	Date
1.09.32	Michael Ripper	14/06/2014
1.09.10	Michael Ripper	14/06/2014
1.07.62	Charles Hallam	21/06/2025
1.07.17	Toby Benson	08/05/2026

100 Backstroke		
Time	Name	Date
1.14.85	JJ Dixon	03/05/2008
1.14.11	Michael Ripper	07/06/2014
1.13.40	Toby Benson	08/05/2026

100 Breaststroke		
Time	Name	Date
1.24.99	Michael Revell	12/06/2010
1.24.10	Joe Richardson	24/05/2014
1.22.47	Joe Richardson	14/06/2014

100 Butterfly		
Time	Name	Date
1.25.70	Joe Richardson	07/06/2014
1.18.65	James Atwell	18/02/2018
1.15.81	Charles Hallam	03/05/2025
1.14.16	Charles Hallam	03/05/2025

200 Freestyle		
Time	Name	Date
2.33.17	Michael Revell	12/06/2010
2.22.23	Michael Ripper	14/06/2014

200 Backstroke		
Time	Name	Date
2.45.67	Morgan Pugh	04/06/2005
2.38.82	Michael Ripper	07/06/2014

200 Breaststroke		
Time	Name	Date
2.58.28	Michael Revell	19/12/2010

200 Individual Medley		
Time	Name	Date
2.43.29	Michael Revell	12/06/2010

400 Freestyle		
Time	Name	Date
5.01.67	Michael Ripper	15/06/2014

400 Individual Medley		
Time	Name	Date
6.16.75	Ben Galvin	02/06/2012
5.53.78	Joe Richardson	07/06/2014

1500 Freestyle		
Time	Name	Date
22.34.08	Aaron Rawnsley	05/05/2024
21.13.56	Aaron Rawnsley	23/06/2024
21.00.46	Charles Hallam	03/05/2025

200 Butterfly		
Time	Name	Date
3.10.83	Aaron Rawnsley	12/05/2024
2.51.48	Charles Hallam	09/05/2025
2.51.27	Charles Hallam	09/05/2025

800 Freestyle		
Time	Name	Date
11.14.25	Aaron Rawnsley	22/06/2024
10.39.82	Charles Hallam	09/05/2025

13 Year Old Records Progression - Female

50 Freestyle			50 Backstroke			50 Breaststroke			50 Butterfly		
Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date
31.77	Abby Smith	14/06/2009	35.90	Caitlin Hoddinott	16/11/2013	46.84	Lauren Wimbleton	11/07/2015	33.37	Abby Smith	14/06/2009
30.52	Larissa Dean	19/03/2016	35.36	Larissa Dean	19/03/2016	45.45	Elena Smart	19/03/2016	33.06	Larissa Dean	19/03/2016
30.44	Isabella Chapman	17/03/2018	34.51	Larissa Dean	16/04/2016	40.88	Ella Murphy	19/03/2016	32.29	Larissa Dean	15/05/2016
			34.11	Larissa Dean	15/05/2016	37.79	Isabella Chapman	17/03/2018	32.13	Larissa Dean	30/05/2016
									31.47	Isabella Chapman	17/03/2018

100 Freestyle			100 Backstroke			100 Breaststroke			100 Butterfly		
Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date
1.05.77	Abby Smith	14/06/2009	1.11.21	Flora Hanson	15/06/2008	1.20.82	Katialin Dang	25/05/2014	1.11.21	Abby Smith	14/06/2009

200 Freestyle			200 Backstroke			200 Breaststroke			200 Butterfly			200 Individual Medley		
Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date
2.19.93	Abby Smith	14/06/2009	2.45.89	Caitlin Hoddinott	16/11/2013	3.01.27	Alex Revell	15/06/2008	2.39.13	Abby Smith	14/06/2009	2.32.68	Flora Hanson	15/06/2008
						2.59.51	Caitlin Hoddinott	01/06/2013						

400 Freestyle			400 Individual Medley			800 Freestyle			1500 Freestyle		
Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date
5.01.10	Abby Smith	14/06/2009	no record			10.50.46	Alice Richardson	16/04/2017	20.52.53	Sophie Garland	21/03/2026

13 Year Old Records Progression - Open / Male

50 freestyle		
Time	Name	Date
30.31	JJ Dixon	05/06/2009
28.79	Michael Ripper	23/05/2015
28.52	Lewis Hallam	08/05/2026

50 Backstroke		
Time	Name	Date
37.05	Ben Galvin	29/03/2013
32.27	Michael Ripper	25/05/2015
31.96	Ed Campfield	19/03/2016
31.77	Ed Campfield	03/05/2016

50 Breaststroke		
Time	Name	Date
37.67	Joe Richardson	18/04/2015
36.95	Joe Richardson	25/05/2015
36.30	John Telensky	25/05/2015

50 Butterfly		
Time	Name	Date
32.25	JJ Dixon	05/06/2009
31.17	John Telensky	23/05/2015
30.23	John Telensky	24/05/2015

100 Freestyle		
Time	Name	Date
1.03.67	JJ Dixon	05/06/2009
1.02.00	Michael Ripper	24/05/2015

100 Backstroke		
Time	Name	Date
1.11.86	Morgan Pugh	04/06/2006
1.10.58	Michael Ripper	23/05/2015
1.10.37	Michael Ripper	23/05/2015
1.09.16	Ed Campfield	16/04/2016
1.08.92	Ed Campfield	19/03/2016
1.08.70	Ed Campfield	03/05/2016

100 Breaststroke		
Time	Name	Date
1.24.57	Joe Richardson	19/04/2015
1.21.79	Joe Richardson	23/05/2015
1.21.42	Yannik Wilson	01/04/2016

100 Butterfly		
Time	Name	Date
1.10.53	JJ Dixon	05/06/2009
1.09.55	John Telensky	23/05/2015
1.07.78	John Telensky	25/05/2015
1.07.19	John Telensky	25/05/2015

200 Freestyle		
Time	Name	Date
2.18.68	JJ Dixon	05/06/2009
2.15.14	Michael Ripper	25/05/2015

200 Backstroke		
Time	Name	Date
2.37.57	Morgan Pugh	10/06/2006
2.30.62	Michael Ripper	24/05/2015
2.30.41	Michael Ripper	24/05/2015
2.28.39	Ed Campfield	19/03/2016
2.27.09	Ed Campfield	03/05/2016

200 Breaststroke		
Time	Name	Date
3.01.50	Joe Richardson	19/04/2015
2.54.99	John Telensky	24/05/2015

200 Butterfly		
Time	Name	Date
2.33.68	John Telensky	23/05/2015
2.32.73	John Telensky	23/05/2015

200 Individual Medley		
Time	Name	Date
2.38.33	JJ Dixon	05/06/2009
2.36.98	Yannik Wilson	16/04/2016
2.35.52	Aaron Rawnsley	21/03/2026

400 Freestyle		
Time	Name	Date
4.49.48	Michael Ripper	24/05/2015
4.34.33	Aaron Rawnsley	21/03/2026

400 Individual Medley		
Time	Name	Date
5.47.94	Yannik Wilson	23/05/2015
5.29.12	John Telensky	23/05/2015

1500 Freestyle		
Time	Name	Date
20.00.63	Ben Galvin	09/03/2013
19.42.60	Aaron Rawnsley	03/05/2025
19.16.00	Aaron Rawnsley	21/06/2025

800 Freestyle		
Time	Name	Date
12.03.63	Callum Richards	22/06/2024
10.13.83	Aaron Rawnsley	09/05/2025
10.12.59	Aaron Rawnsley	21/06/2025
9.27.33	Aaron Rawnsley	21/03/2026

14 Year Old Records Progression - Female

50 Freestyle			50 Backstroke			50 Breaststroke			50 Butterfly		
Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date
29.71	Abby Smith	02/05/2010	34.46	Georgie Smith	15/06/2008	39.13	Alex Revell	04/05/2009	33.42	Abby Smith	02/05/2010
29.14	Isabella Chapman	04/05/2019	33.93	Claire Burrell	25/05/2015	38.59	Katialin Dang	18/04/2015	33.03	Larissa Dean	16/04/2017
			33.80	Claire Burrell	19/03/2016	37.77	Ella Murphy	16/04/2017	32.37	Larissa Dean	01/05/2017
			33.31	Larissa Dean	16/04/2017	35.91	Isabella Chapman	16/03/2019	31.09	Isabella Chapman	16/03/2019
			33.12	Larissa Dean	01/07/2017	35.56	Isabella Chapman	31/03/2019	30.43	Isabella Chapman	31/03/2019
			33.12	Larissa Dean	04/11/2017	35.37	Isabella Chapman	04/05/2019	30.35	Isabella Chapman	06/05/2019
						34.64	Isabella Chapman	04/05/2019	29.58	Isabella Chapman	06/05/2019
									29.40	Isabella Chapman	24/07/2019

100 Freestyle			100 Backstroke			100 Breaststroke			100 Butterfly		
Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date
1.03.87	Abby Smith	02/05/2010	1.14.23	Tania de Malglaive	02/06/2012	1.22.46	Alex Revell	04/05/2009	1.11.92	Abby Smith	02/05/2010
			1.12.72	Claire Burrell	19/04/2015	1.22.24	Katialin Dang	18/04/2015	1.11.36	Isabella Chapman	06/05/2019
			1.11.12	Claire Burrell	24/05/2015	1.21.98	Katialin Dang	03/05/2015			
						1.19.19	Isabella Chapman	30/03/2019			
						1.17.73	Isabella Chapman	05/05/2019			

200 Freestyle			200 Backstroke			200 Breaststroke			200 Butterfly			200 Individual Medley		
Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date
2.15.43	Abby Smith	01/05/2010	2.41.20	Tania de Malglaive	02/06/2012	2.54.69	Alex Revell	04/05/2009	2.33.98	Abby Smith	02/05/2010	2.38.87	Abby Smith	02/05/2010
			2.38.34	Claire Burrell	19/04/2015	2.54.68	Isabella Chapman	31/03/2019				2.36.95	Isabella Chapman	06/05/2019
			2.31.54	Claire Burrell	23/05/2015	2.53.14	Isabella Chapman	04/05/2019				2.35.91	Isabella Chapman	06/05/2019
						2.47.92	Isabella Chapman	04/05/2019						

400 Freestyle			400 Individual Medley			800 Freestyle		
Time	Name	Date	Time	Name	Date	Time	Name	Date
4.49.14	Abby Smith	02/05/2010	5.37.31	Isabella Chapman	05/05/2019	10.20.81	Juliet Merelie	09/03/2013

14 Year Old Records Progression - Open / Male

50 Freestyle			50 Backstroke			50 Breaststroke			50 Butterfly		
Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date
	Josh Duggan	04/06/2011	33.35	Joe Richardson	19/03/2016	36.50	John Telensky	11/07/2015	29.90	Hamish Wheen	05/05/2012
28.55	John Telensky	11/07/2015	32.10	John Telensky	19/03/2016	36.23	Joe Richardson	19/03/2016	29.86	John Telensky	12/03/2016
27.42	John Telensky	12/03/2016	31.99	Michael Ripper	16/04/2016	34.80	Joe Richardson	25/03/2016	29.46	John Telensky	15/05/2016
27.40	John Telensky	19/03/2016	31.73	Michael Ripper	02/05/2016	34.51	Joe Richardson	02/05/2016	28.51	Toby Martin	19/03/2022
26.84	John Telensky	16/04/2016	31.51	Ed Campfield	16/04/2017	34.12	Joe Richardson	02/05/2016	28.31	Toby Martin	23/04/2022
26.64	John Telensky	02/05/2016	30.71	Ed Campfield	29/04/2017				27.92	Toby Martin	02/05/2022
26.43	John Telensky	02/05/2016							27.7	Toby Martin	16/07/2022

100 Freestyle			100 Backstroke			100 Breaststroke			100 Butterfly		
Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date
1.00.01	Duncan Nicoll	03/05/2008	1.08.47	Michael Ripper	16/04/2016	1.21.35	John Telensky	11/07/2015			
58.28	John Telensky	15/05/2016	1.08.26	Michael Ripper	02/05/2016	1.19.66	John Telensky	12/03/2016	1.09.05	JJ Dixon	05/06/2010
			1.08.11	Michael Ripper	15/05/2016	1.17.45	Joe Richardson	25/03/2016	1.08.38	John Telensky	11/07/2015
			1.08.05	Ed Campfield	11/03/2017	1.16.74	Joe Richardson	16/04/2016	1.06.53	John Telensky	16/04/2016
			1.06.86	Ed Campfield	16/04/2017	1.16.54	Joe Richardson	02/05/2016	1.05.49	John Telensky	15/05/2016
			1.06.20	Ed Campfield	01/05/2017	1.15.36	Joe Richardson	15/05/2016	1.04.29	Toby Martin	19/03/2022
						1.15.08	Yannik Wilson	29/04/2017	1.03.52	Toby Martin	30/04/2022

200 Freestyle			200 Backstroke			200 Breaststroke			200 Individual Medley		
Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date
2.14.08	Duncan Nicoll	03/05/2008	2.33.79	Josh Duggan	04/06/2011	2.49.92	Joe Richardson	25/03/2016	2.36.09	JJ Dixon	05/06/2010
2.12.56	Michael Ripper	16/04/2016	2.25.78	Michael Ripper	16/04/2016	2.47.51	Yannik Wilson	30/04/2017	2.30.20	John Telensky	16/04/2016
2.11.56	John Telensky	16/04/2016	2.25.54	Michael Ripper	02/05/2016				2.29.09	Joe Richardson	15/05/2016
2.09.77	Michael Ripper	02/05/2016	2.24.41	Ed Campfield	30/04/2017				2.29.07	Yannik Wilson	16/04/2017
2.09.75	Aaron Rawnsley	02/05/2026							2.25.99	Yannik Wilson	01/05/2017

400 Freestyle			400 Individual Medley			1500 Freestyle			200 Butterfly		
Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date
5.18.89	Ben Galvin	16/11/2013	5.19.47	John Telensky	02/05/2016	18.12.01	Aaron Rawnsley	22/03/2026	2.32.75	John Telensky	20/03/2016
4.45.42	Michael Ripper	16/04/2016	5.17.83	Aaron Rawnsley	08/05/2026	18.04.16	Aaron Rawnsley	03/04/2026	2.32.47	John Telensky	16/04/2016
4.40.25	Michael Ripper	02/05/2016							2.26.88	John Telensky	02/05/2016
4.33.50	Aaron Rawnsley	08/05/2026							2.25.58	John Telensky	02/05/2016

800 Freestyle		
Time	Name	Date
9.32.40	Aaron Rawnsley	03/04/2026
9.26.37	Aaron Rawnsley	08/05/2026

15 Year Old Records Progression - Female

50 Freestyle		
Time	Name	Date
30.75	Ellen Crick	15/06/2008
29.99	Millie Dixon	03/05/2014
29.25	Larissa Dean	17/03/2018
28.70	Isabella Chapman	07/03/2020

50 Backstroke		
Time	Name	Date
33.91	Georgie Smith	04/05/2009
32.14	Claire Burrell	02/05/2016

50 Breaststroke		
Time	Name	Date
37.99	Alex Revell	02/05/2010
37.08	Ella Murphy	11/03/2018
36.54	Ella Murphy	05/05/2018
35.93	Isabella Chapman	07/03/2020
35.48	Isabella Chapman	14/03/2020

50 Butterfly		
Time	Name	Date
36.89	Libby Trayling	02/07/2016
35.10	Aggie Burns	02/07/2016
31.39	Ella Murphy	11/03/2018
30.61	Isabella Chapman	07/03/2020
29.84	Isabella Chapman	15/03/2020

100 Freestyle		
Time	Name	Date
1.07.96	Georgie Smith	04/05/2009
1.06.59	Aggie Burns	11/03/2017
1.05.82	Aggie Burns	13/05/2017
1.04.28	Larissa Dean	11/03/2018
1.03.97	Larissa Dean	30/03/2018
1.03.40	Larissa Dean	30/03/2018

100 Backstroke		
Time	Name	Date
1.11.91	Georgie Smith	04/05/2009
1.08.09	Claire Burrell	02/05/2016

100 Breaststroke		
Time	Name	Date
1.22.43	Alex Revell	02/05/2010

100 Butterfly		
Time	Name	Date
1.17.01	Caitlin Hoddinott	11/07/2015
1.13.72	Larissa Dean	30/03/2018

200 Freestyle		
Time	Name	Date
2.21.25	Juliet Merelie	03/05/2014

200 Backstroke		
Time	Name	Date
2.34.13	Georgie Smith	04/05/2009
2.33.19	Claire Burrell	01/04/2016
2.27.56	Claire Burrell	02/05/2016
2.27.39	Claire Burrell	02/05/2016

200 Breaststroke		
Time	Name	Date
2.57.98	Alex Revell	02/05/2010
2.55.84	Caitlin Hoddinott	02/05/2015
2.55.06	Caitlin Hoddinott	02/05/2015

200 Butterfly		
Time	Name	Date
2.44.32	Lucinda Stanley	15/03/2020

200 Individual Medley		
Time	Name	Date
2.46.83	Caitlin Hoddinott	11/07/2015
2.38.91	Ella Murphy	10/03/2018

400 Freestyle		
Time	Name	Date
4.57.75	Juliet Merelie	03/05/2014

400 Individual Medley		
Time	Name	Date
5.41.63	Juliet Merelie	03/05/2014
5.38.44	Ella Murphy	06/05/2018

800 Freestyle		
Time	Name	Date
10.07.24	Juliet Merelie	01/03/2014

1500 Freestyle		
Time	Name	Date
23.22.69	Larissa Cowley	01/03/2014

15 Year Old Records Progression - Open / Male

50 Freestyle		
Time	Name	Date
27.29	Duncan Nicoll	02/05/2009
26.68	John Telensky	02/07/2016
26.51	John Telensky	16/04/2017
26.31	Toby Martin	30/04/2023
25.94	Frankie Francis	22/03/2026

50 Backstroke		
Time	Name	Date
32.05	Morgan Pugh	03/05/2008
31.14	Ed Campfield	05/11/2017
31.06	Toby Martin	04/03/2023
30.58	Toby Martin	29/04/2023

50 Breaststroke		
Time	Name	Date
35.90	John Telensky	02/07/2016
34.47	Joe Richardson	11/03/2017
33.54	Joe Richardson	16/04/2017
33.44	Yannik Wilson	14/04/2018

50 Butterfly		
Time	Name	Date
29.12	Josh Duggan	05/05/2012
28.62	Angus Harrow	01/05/2017
27.64	Toby Martin	04/03/2023
26.87	Toby Martin	01/05/2023

100 Freestyle		
Time	Name	Date
58.45	Josh Duggan	30/10/2012
57.93	Yannik Wilson	15/04/2018

100 Backstroke		
Time	Name	Date
1.07.83	Josh Duggan	05/05/2012
1.07.13	Ed Campfield	04/11/2017
1.07.06	Samrahn Sandhu	10/03/2018
1.05.44	Samrahn Sandhu	07/05/2018

100 Breaststroke		
Time	Name	Date
1.18.97	John Telensky	02/07/2016
1.16.01	Joe Richardson	11/02/2017
1.14.73	Joe Richardson	29/04/2017
1.13.72	Yannik Wilson	15/04/2018

100 Butterfly		
Time	Name	Date
1.07.20	Morgan Pugh	03/05/2008
1.06.83	John Telensky	02/07/2016
1.06.83	John Telensky	02/07/2016
1.03.43	Angus Harrow	29/04/2017
1.02.60	Angus Harrow	05/11/2017
1.01.76	Toby Martin	29/04/2023
1.01.54	Toby Martin	29/04/2023

200 Freestyle		
Time	Name	Date
2.06.57	Josh Duggan	05/05/2012

200 Backstroke		
Time	Name	Date
2.24.16	Josh Duggan	05/05/2012
2.22.64	Samrahn Sandhu	06/05/2018
2.22.37	Samrahn Sandhu	06/05/2018

200 Breaststroke		
Time	Name	Date
2.45.38	Joe Richardson	30/04/2017
2.42.06	Joe Richardson	30/04/2017
2.41.20	Joe Richardson	30/04/2017

200 Butterfly		
Time	Name	Date
2.23.37	Angus Harrow	30/04/2017

200 Individual Medley		
Time	Name	Date
2.27.54	Josh Duggan	05/05/2012
2.23.79	Yannik Wilson	11/03/2018
2.22.91	Yannik Wilson	14/04/2018
2.20.59	Yannik Wilson	07/05/2018
2.18.99	Yannik Wilson	07/05/2018

400 Freestyle		
Time	Name	Date
4.29.18	Josh Duggan	05/05/2012

400 Individual Medley		
Time	Name	Date
5.13.63	Joe Richardson	29/04/2017
5.04.17	Yannik Wilson	05/05/2018

1500 Freestyle		
Time	Name	Date
no record		

800 Freestyle		
Time	Name	Date
11.13.86	Robert Flaxbeard	19/03/2022
10.07.85	Callum Richards	21/03/2026
9.32.68	James Hallam	24/04/2026

16 Year Old Records Progression - Female

50 Freestyle		
Time	Name	Date
29.32	Abby Smith	05/05/2012
29.04	Ella Murphy	16/03/2019

50 Backstroke		
Time	Name	Date
33.38	Georgie Smith	02/05/2010
32.57	Claire Burrell	30/04/2017
31.96	Claire Burrell	30/04/2017

50 Breaststroke		
Time	Name	Date
40.44	Juliet Merelie	02/05/2015
39.31	Juliet Merelie	11/07/2015
36.82	Ella Murphy	16/03/2019
36.71	Ella Murphy	31/03/2019
35.78	Isabella Chapman	08/08/2021

50 Butterfly		
Time	Name	Date
31.02	Abby Smith	05/05/2012
30.51	Isabella Chapman	08/08/2021

100 Freestyle		
Time	Name	Date
1.02.41	Abby Smith	30/09/2012

100 Backstroke		
Time	Name	Date
1.10.17	Georgie Smith	02/05/2010
1.09.33	Claire Burrell	30/04/2017
1.08.25	Claire Burrell	01/05/2017

100 Breaststroke		
Time	Name	Date
1.25.79	Juliet Merelie	02/05/2015
1.23.16	Ella Murphy	30/03/2019

100 Butterfly		
Time	Name	Date
1.08.40	Abby Smith	05/05/2012

200 Freestyle		
Time	Name	Date
2.27.68	Claire Burrell	29/04/2017

200 Backstroke		
Time	Name	Date
2.27.88	Georgie Smith	02/05/2010

200 Breaststroke		
Time	Name	Date
2.57.37	Juliet Merelie	02/05/2015

200 Butterfly		
Time	Name	Date
2.28.31	Abby Smith	05/05/2012

200 Individual Medley		
Time	Name	Date
2.39.59	Juliet Merelie	11/07/2015
2.39.36	Isabella Chapman	08/08/2021

400 Freestyle		
Time	Name	Date
no record		

400 Individual Medley		
Time	Name	Date
5.27.87	Abby Smith	05/05/2012

800 Freestyle		
Time	Name	Date
11.08.52	Caroline Sedgwick	21/06/2025

16 Year Old Records Progression - Open / Male

50 Freestyle		
Time	Name	Date
26.60	Morgan Pugh	02/05/2009
26.13	John Telensky	15/04/2018
25.89	Frankie Francis	11/04/2026
25.16	Frankie Francis	24/04/2026

50 Backstroke		
Time	Name	Date
30.10	Morgan Pugh	02/05/2009
30.05	James Atwell	23/04/2022
29.99	Toby Martin	02/03/2024
29.90	Toby Martin	20/04/2024

50 Breaststroke		
Time	Name	Date
38.81	Chris Fletcher	19/03/2016
32.93	Joe Richardson	05/11/2017
32.70	Joe Richardson	17/03/2018

50 Butterfly		
Time	Name	Date
29.17	Morgan Pugh	02/05/2009
28.79	John Telensky	10/03/2018
28.49	Angus Harrow	07/05/2018
27.95	Angus Harrow	16/03/2019
27.39	Toby Martin	02/03/2024

100 Freestyle		
Time	Name	Date
57.75	Morgan Pugh	02/05/2009
56.97	Josh Duggan	29/03/2013
56.54	Josh Duggan	04/05/2013
55.21	Frankie Francis	24/04/2026

100 Backstroke		
Time	Name	Date
1.07.61	Morgan Pugh	02/05/2009
1.04.09	Josh Duggan	29/03/2013

100 Breaststroke		
Time	Name	Date
1.14.72	Joe Richardson	04/11/2017
1.14.22	Joe Richardson	01/04/2018
1.13.11	Joe Richardson	15/04/2018
1.12.97	Joe Richardson	05/05/2018

100 Butterfly		
Time	Name	Date
1.05.56	Morgan Pugh	02/05/2009
1.02.17	Angus Harrow	05/05/2018
1.01.91	Toby Martin	20/04/2024

200 Freestyle		
Time	Name	Date
2.01.91	Josh Duggan	04/05/2013
2.01.56	Josh Duggan	04/05/2013

200 Backstroke		
Time	Name	Date
2.20.70	Josh Duggan	29/03/2013
2.19.67	Josh Duggan	04/05/2013

200 Breaststroke		
Time	Name	Date
2.40.75	Joe Richardson	05/11/2017
2.39.17	Joe Richardson	11/03/2018
2.36.92	Joe Richardson	06/05/2018

200 Butterfly		
Time	Name	Date
2.32.68	John Telensky	31/03/2018
2.18.88	Angus Harrow	06/05/2018

200 Individual Medley		
Time	Name	Date
2.51.37	Max Norris	18/02/2018
2.33.96	John Telensky	31/03/2018

400 Freestyle		
Time	Name	Date
no record		

400 Individual Medley		
Time	Name	Date
no record		

1500 Freestyle		
Time	Name	Date
16.36.14	Josh Duggan	09/03/2013

17 Year Old Records Progression - Female

50 Freestyle

Time	Name	Date
29.19	Abby Smith	29/03/2013
28.81	Abby Smith	04/05/2013
28.60	Ella Murphy	07/03/2020

50 Backstroke

Time	Name	Date
33.65	Aggie Burns	16/03/2019
33.58	Aggie Burns	30/03/2019

50 Breaststroke

Time	Name	Date
38.68	Juliet Merelie	19/03/2016
35.94	Ella Murphy	07/03/2020

50 Butterfly

Time	Name	Date
31.43	Abby Smith	04/05/2013
31.10	Ella Murphy	07/03/2020
30.38	Isabella Chapman	23/04/2022

100 Freestyle

Time	Name	Date
1.14.13	Izzy Thompson	30/09/2012
1.01.21	Abby Smith	29/03/2013
1.01.05	Abby Smith	29/03/2013

100 Backstroke

Time	Name	Date
1.13.86	Larissa Dean	15/03/2020

100 Breaststroke

Time	Name	Date
1.43.17	Lauren Wimbleton	27/04/2019
1.25.40	Caitlin Peters	21/03/2026

100 Butterfly

Time	Name	Date
1.30.12	Izzy Thompson	30/05/2012
1.09.33	Abby Smith	04/05/2013
1.08.66	Abby Smith	16/11/2013

200 Freestyle

Time	Name	Date
2.10.91	Abby Smith	29/03/2013
2.10.63	Abby Smith	04/05/2013
2.10.11	Abby Smith	25/05/2013

200 Backstroke

Time	Name	Date
no record		

200 Breaststroke

Time	Name	Date
2.57.89	Juliet Merelie	02/05/2016

200 Butterfly

Time	Name	Date
2.26.89	Abby Smith	29/03/2013
2.24.20	Abby Smith	25/05/2013

200 Individual Medley

Time	Name	Date
2.41.81	Lucinda Stanley	17/07/2022

400 Freestyle

Time	Name	Date
4.30.88	Abby Smith	25/05/2013

400 Individual Medley

Time	Name	Date
5.40.99	Juliet Merelie	02/05/2016

800 Freestyle

Time	Name	Date
9.22.25	Abby Smith	01/03/2014

17 Year Old Records Progression - Open / Male

50 Freestyle		
Time	Name	Date
26.33	Morgan Pugh	01/05/2010
26.00	Parker Brewster	11/04/2026

50 Backstroke		
Time	Name	Date
30.50	Morgan Pugh	01/05/2010
29.38	James Atwell	04/03/2023

50 Breaststroke		
Time	Name	Date
37.71	Dan Toy	19/03/2016
36.37	John Telensky	16/03/2019
32.36	Cub Maddison	02/03/2024

50 Butterfly		
Time	Name	Date
28.54	Morgan Pugh	01/05/2010
28.47	John Telensky	16/03/2019
28.21	Angus Harrow	06/05/2019
28.13	Angus Harrow	07/03/2020

Time	Name	Date
57.71	Morgan Pugh	01/05/2010

100 Backstroke		
Time	Name	Date
1.07.67	Morgan Pugh	01/05/2010
1.06.45	Parker Brewster	21/03/2026
1.05.96	Parker Brewster	02/05/2026

100 Breaststroke		
Time	Name	Date
1.26.25	Ruel Shepperd	20/03/2022
1.11.32	Cub Maddison	23/06/2024

100 Butterfly		
Time	Name	Date
1.01.47	Angus Harrow	04/05/2019

200 Freestyle		
Time	Name	Date
2.25.22	Ruel Shepperd	19/03/2022

200 Backstroke		
Time	Name	Date
no record		

200 Breaststroke		
Time	Name	Date
3.22.73	Ruel Shepperd	19/03/2022

200 Butterfly		
Time	Name	Date
2.17.10	Angus Harrow	05/05/2019

200 Individual Medley		
Time	Name	Date
2.43.78	Ruel Shepperd	19/03/2022
2.25.14	Cub Maddison	22/06/2024

400 Freestyle		
Time	Name	Date
5.14.11	Ruel Shepperd	19/03/2022

400 Individual Medley		
Time	Name	Date
no record		

1500 Freestyle		
Time	Name	Date
no record		

800 Freestyle		
Time	Name	Date
10.10.21	Ben Horridge	15/07/2023

18 & Over Records Progression - Female

50 Freestyle			50 Backstroke			50 Breaststroke			50 Butterfly		
Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date
28.67	Abby Smith	03/05/2014	33.12	Georgie Smith	29/03/2013	37.85	Juliet Merelie	16/03/2019	30.76	Abby Smith	03/05/2014
			33.04	Aggie Burns	07/03/2020	37.53	Juliet Merelie	04/05/2019	30.46	Abby Smith	03/05/2014

100 Freestyle			100 Backstroke			100 Breaststroke			100 Butterfly		
Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date
1.00.29	Abby Smith	03/05/2015	1.07.89	Georgie Smith	29/03/2013	1.22.47	Juliet Merelie	30/04/2017	1.07.98	Abby Smith	03/05/2014
1.00.16	Abby Smith	03/05/2015	1.07.73	Georgie Smith	29/03/2013				1.07.57	Abby Smith	03/05/2014
1.00.01	Abby Smith	02/05/2016									
59.60	Abby Smith	02/05/2016									

200 Freestyle			200 Backstroke			200 Breaststroke			200 Butterfly		200 Individual Medley		
Time	Name	Date	Time	Name	Date	Time	Name	Date	Name	Date	Time	Name	Date
2.07.03	Abby Smith	04/05/2015	2.28.00	Georgie Smith	05/08/2013	2.55.56	Juliet Merelie	29/04/2017	2.26.84	Abby Smith	03/05/2014	no record	
2.06.26	Abby Smith	04/05/2015											
2.06.23	Abby Smith	02/05/2016											
2.05.70	Abby Smith	02/05/2016											

400 Freestyle			400 Individual Medley			800 Freestyle			1500 Freestyle		
Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date
4.33.90	Abby Smith	25/05/2014	5.39.38	Juliet Merelie	30/04/2017	9.35.43	Abby Smith	03/05/2014	17.26.79	Abby Smith	19/05/2018
4.25.22	Abby Smith	02/05/2015				9.26.13	Abby Smith	25/05/2014			
4.24.83	Abby Smith	02/05/2016				9.07.37	Abby Smith	25/05/2015			

18 & Over Records Progression - Male

50 Freestyle			50 Backstroke			50 Breaststroke			50 Butterfly					
Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date			
27.52	Ruel Shepperd	04/03/2023	32.13	Ruel Shepperd	04/03/2023	35.00	Ruel Shepperd	04/03/2023	26.90	Edward Castro	19/03/2016			
									26.83	Edward Castro	07/05/2018			
100 Freestyle			100 Backstroke			100 Breaststroke			100 Butterfly					
Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date			
no record			no record			no record			59.56	Edward Castro	29/04/2017			
200 Freestyle			200 Backstroke			200 Breaststroke			200 Butterfly			200 Individual Medley		
Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date
no record			no record			no record			2.42.34	Freddie Arbuthnott	01/08/2021	no record		
400 Freestyle			400 Individual Medley			800 Freestyle			1500 Freestyle					
Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date			
no record			no record			no record		00/01/1900	18.00.27	Edward Castro	16/04/2016			