



HARPENDEN SWIMMING CLUB

(affiliated to Swim England Hertfordshire & Swim England East Region)

HSC BRYAN THOMPSON LEGACY MEET

Held under Swim England Regulations
and to the Swim England Open Meet Licencing Criteria

Saturday 5th October & Sunday 6th October 2024
Westminster Lodge Leisure Centre, Holywell Hill, St Albans, AL1 2DL
Licence no. 3ER241401

SCHEDULE OF EVENTS

Session 1 : SATURDAY Afternoon Warm Up 12.15pm, Start 1pm			
1	MALE/OPEN	400	IM
2	FEMALE	200	Butterfly
3	MALE/OPEN	100	Breaststroke
4	FEMALE	200	IM
5	MALE/OPEN	100	Butterfly
6	FEMALE	100	Freestyle
7	MALE/OPEN	50	Breaststroke
8	FEMALE	100	Backstroke

Session 3 : SUNDAY Morning Warm Up 8.30am, Start 9.30am			
17	FEMALE	400	IM
18	MALE/OPEN	200	Butterfly
19	FEMALE	100	Breaststroke
20	MALE/OPEN	200	IM
21	FEMALE	100	Butterfly
22	MALE/OPEN	100	Freestyle
23	FEMALE	50	Breaststroke
24	MALE/OPEN	100	Backstroke

Session 2 : SATURDAY Evening Warm Up 4.30pm, Start 5.30pm			
9	FEMALE	400	Freestyle
10	MALE/OPEN	100	IM
11	FEMALE	200	Backstroke
12	MALE/OPEN	200	Freestyle
13	FEMALE	50	Butterfly
14	MALE/OPEN	200	Breaststroke
15	FEMALE	50	Freestyle
16	MALE/OPEN	50	Backstroke

Session 4: SUNDAY Afternoon Warm Up 1pm, Start 2pm			
25	MALE/OPEN	400	Freestyle
26	FEMALE	100	IM
27	MALE/OPEN	200	Backstroke
28	FEMALE	200	Freestyle
29	MALE/OPEN	50	Butterfly
30	FEMALE	200	Breaststroke
31	MALE/OPEN	50	Freestyle
32	FEMALE	50	Backstroke



MEET RULES AND INFORMATION

1. Harpenden Swimming Club is affiliated to Swim England Hertfordshire & Swim England East Region.
2. This Competition is licensed by Swim England for entry into Regional and County Competitions and will be held under Swim England Regulations.
3. Entries may only be accepted from competitors registered as Category 2 members of Swim England, SASA or WASA or competitors from one of the countries affiliated to FINA.
4. The pool length is **25m**, 10 lanes (only 8 will be used), with anti-wave barriers, electronic timing system and a secondary strobe.
5. Age groups for boys and girls are single banded age groups as follows: **9, 10, 11, 12, 13, 14, 15 and 16yrs & over.**
6. There will be medals for the top three in each age group in each event.
7. **Age as at 6th October 2024.**
8. Heats will be swum with all ages combined and seeded on submitted times.
9. The Female category (F) is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female. Entries will be made using Female/ Male competition categories, as these are the recognised categories at this time. You will notice a transition into the use of Female and Open/Male (M/O) as the new competition categories following the launch of the Swim England Transgender and Non-binary Competition Policy on 1 September 2023.
10. Over the top starts will be used at the Referees' discretion.
11. Once an entry has been accepted a competitor shall swim or give notice of withdrawal. Notice of withdrawals from a club shall be reported to the recorders 10 minutes after the start of warm up at the latest. Withdrawals will be accepted via email to hscmeets@harpendensc.org.uk up until midday on 4th October 2024. After this time ALL withdrawals must be made on a withdrawal form at the meet. Post closing date only medical withdrawals shall be refunded.
12. All swimmers should be supervised by their coaches/team managers during warm up and whilst on poolside. Team managers are responsible for the behaviour of their swimmers at all times.
13. No responsibility can be accepted for any loss or damage to clothing or other articles.
14. Swimmers will not be allowed into the viewing gallery in swimming costumes and footwear must be worn.
15. Swimmers will only be allowed to bring small bags onto poolside and should make use of the lockers provided for all large bags (£1, returnable).
16. Only swimmers, officials and team managers/coaches accredited with deck passes and Harpenden event volunteers will be allowed on poolside.
17. Use of any photographic equipment in and around the changing rooms is strictly forbidden. Anyone seen using any such equipment may be asked to leave the event immediately.
18. In accordance with Swim England's Child Safeguarding Policies and Procedures any parents or carers of swimmers under the age of 18 who wish to take photographic or video images are requested to focus on their own child as much as reasonably possible and to avoid including other children in those images, particularly if those images are being shared with family and friends through social media platforms.
19. Valid entries will be accepted in order of receipt, that is, **first come first served**. Upper qualifying times have been set. There will be no lower qualifying times, entries without a time will be accepted.
20. The 400m IM and 400m Freestyle may be limited to a maximum of 4 heats in total across both genders.



21. The entry fee is **£8.00 per individual event** for entries THROUGH your club.
22. Individual entries NOT THROUGH a club will be charged £9.00 per individual event.
23. Complete entries for each club are requested together with a single payment. Later individual entries may not be accepted. Closing date for entries is **MIDNIGHT 22nd September 2024** if not already full by then.
24. All club entries with over 8 swimmers must be via Hy-Tek software to hscmeets@harpendensc.org.uk. Payment by bank transfer to: **Harpenden Swimming Club. Account No 80429465 Sort Code: 20-74-09**. Please use your club name as a reference.
25. Confirmation of entries will be sent to clubs and posted on our website – www.harpendensc.org.uk
26. Results will be emailed to British Swimming for inclusion in the national Rankings database.
27. Deck passes are available for poolside access at £15 per day (food included) or £25 for the weekend (food included). Non food TM passes can be bought in addition to standard deck passes at £5 per day.
28. The Data Protection Act 2018 requires us to provide you with certain information and to obtain your consent before processing data about you. Processing includes: obtaining, recording, holding, disclosing, destruction or retaining information. We require certain personal data for the purposes of making entries to the competition, managing the meet and the submission of results to Rankings. The information provided by you will be processed in accordance with the Data Protection Act 2018. Consent to process such personal data is deemed to have been given by submission of the entry. Where the personal data of competitors, officials, coaches/tea managers has been passed to us by a third party such as a club rather than by the individuals themselves, we rely on the third party to ensure consent has been obtained.
29. This event may be broadcast online. Any person entering the event will be deemed to have given consent for images to be broadcast.
30. The Promoter and Referee(s), subject to Swim England Regulations, will determine any matter not covered by these conditions.
31. The Promoter of this event is Kelly Bailey who can be contacted at hscmeets@harpendensc.org.uk



QUALIFYING TIMES

Entry Times – NO FASTER THAN – Age as of Oct 6th 2024

Male/Open

Age:	9-10	11	12	13	14	15	16+
50m Free	32.66	32.66	30.88	28.58	27.25	25.49	25.49
100m Free	1:13.00	1:13.00	01:07.28	01:03.16	59.38	54.85	54.85
200m Free	02:37.00	02:37.00	02:27.29	02:17.77	02:13.77	02:01.84	02:01.84
400m Free	05:22.39	05:22.39	05:07.82	04:46.81	04:33.62	04:16.97	04:16.97
50m Breast	43.52	43.52	40.38	37.40	35.94	32.94	32.94
100m Breast	1:35.70	1:35.70	01:30.00	01:23.00	01:17.76	01:11.70	01:11.70
200m Breast	03:23.73	03:23.73	03:15.00	03:02.05	02:56.66	02:39.12	02:39.12
50m Fly	37.09	37.09	33.84	32.38	30.32	27.78	27.78
100m Fly	01:29.00	01:29.00	01:22.49	01:12.74	1:08.63	01:01.44	01:01.44
200m Fly	03:38.00	03:38.00	03:33.00	02:59.09	02:37.05	02:25.86	02:25.86
50m Back	37.24	37.24	35.55	33.49	31.82	29.38	29.38
100m Back	1:23.10	1:23.10	01:16.55	01:11.94	01:09.66	01:02.65	01:02.65
200m Back	02:56.14	02:56.14	02:45.20	02:35.75	02:28.70	02:17.45	02:17.45
100m IM	01:23.10	01:23.10	01:19.03	01:13.00	01:10.17	01:05.13	01:05.13
200m IM	02:59.00	02:59.00	02:50.80	02:37.90	02:31.25	02:20.26	02:20.26
400m IM		06:10.19	06:07.78	05:29.28	05:16.17	04:54.29	04:54.29

Female

Age:	9-10	11	12	13	14	15	16+
50m Free	32.64	32.64	31.05	29.96	29.67	28.60	28.60
100m Free	01:11.89	01:11.89	01:07.51	01:05.19	01:04.00	01:00.84	01:00.84
200m Free	02:35.67	02:35.67	02:23.23	02:20.58	02:18.30	02:13.97	02:13.97
400m Free	05:18.71	05:18.71	04:57.02	04:47.31	04:42.30	04:39.93	04:39.93
50m Breast	43.00	43.00	40.00	38.44	38.24	37.04	37.04
100m Breast	01:35.66	01:35.66	01:29.71	01:25.75	01:22.50	01:19.36	01:19.36
200m Breast	03:20.48	03:20.48	03:09.19	03:00.86	02:58.48	02:52.08	02:52.08
50m Fly	37.00	37.00	34.00	33.69	32.46	31.33	31.33
100m Fly	01:29.22	01:29.22	01:18.94	01:15.00	01:12.29	01:08.95	01:08.95
200m Fly	03:31.50	03:31.50	03:04.00	03:01.29	2:53.70	02:41.70	02:41.70
50m Back	38.00	38.00	35.59	34.34	33.86	32.27	32.27
100m Back	01:22.00	01:22.00	01:15.44	01:14.00	01:12.55	01:09.64	01:09.64
200m Back	02:52.00	02:52.00	02:43.35	02:37.35	02:36.38	02:30.57	02:30.57
100m IM	01:22.54	01:22.54	01:18.00	01:15.00	01:14.00	01:11.27	01:11.27
200m IM	02:59.11	02:59.11	02:44.65	02:42.00	02:38.00	02:33.72	02:33.72
400m IM		06:20.90	05:45.00	05:43.00	05:37.52	05:26.50	05:26.50