



HSC FINIS LAST CHANCE MEET

12th December 2021

Westminster Lodge Leisure Centre,
Holywell Hill, St Albans, AL1 2DL

INFORMATION FOR PARENTS AND SWIMMERS

Timings

Sunday 12th

Session 1 - warm up 08:30

Session 2 - Warm up NO EARLIER THAN 12:30

Westminster Lodge Leisure Centre

Bring plenty of change for the car park. Charges apply Monday to Sunday: 7:30am to 6:30pm:

Up to 2 hours	Free - Free 2 hour Pay and Display ticket must be obtained
Up to 3 hours	£2.30
Up to 4 hours	£4.40
Up to 24 hours	£5.40

The car park may be very busy on the day, please allow plenty of time. Part of the car park is set aside as a vaccination centre.

At the meet:

No swimmers or coaches will be allowed poolside BEFORE 08:00

Poolside/changing rooms

On arrival at Westminster Lodge swimmers do not need to register with meet organisers, they should go directly to the changing rooms and then register with their coaches on poolside.

Swimmers will only be allowed to bring small bags onto poolside. There is limited locker space (£1 refundable), so please encourage your swimmers to share lockers.

No outdoor shoes to be worn poolside.

Parents will not be allowed past the changing room entrance.

Swimmers are prohibited from taking any photographs within the changing room area.

No glass or nuts on poolside please.

 secretary@harpendsc.org.uk

 @HarpSwim

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 harp_swim

Proud to be working with FINIS as our aquatic partner





Swimmers are requested to wear facecovering at all times when not swimming and to refrain from shouting excessive encouragement to fellow swimmers.

Swimmers will not be allowed to congregate at the turn end of the pool to cheers for fellow swimmers.

Photography

In accordance with the ASA Child Safeguarding Policies and Procedures any parents or carers of swimmers under the age of 18 who wish to take photographic or video images are requested to focus on their own child as much as reasonably possible and to avoid including other children in those images, particularly if those images are being shared with family and friends through social media platforms.

Entrance Fees

Adults	£4/session,	£6 for 2 sessions
Over 60s	£2/session,	£3 for 2 sessions
Under 12s	£1; Under 5s	free

In order to give swimmers as much rest as possible between races, we are only running in lanes 1 - 8. Please note that there may be a restricted view of some lanes from the spectators' area.

Please note that there will be no printed programmes available at this meet. Programmes will be available online for download at <https://www.harpendensc.org.uk/hsc-meets>

Withdrawals

If for any reason you are unable to swim please let your coaches know so that they can withdraw you on the day. Withdrawals close 10 minutes after the start of warm up.

We are looking forward to welcoming you and your swimmer on the 12th December. If you have any problems or questions on the day please look for a helper in a purple or black t-shirt.

Many thanks

Bryan Thompson
HSC FINIS LEGACY MEET
Meet Director