



Code of Conduct for Swimmers

As a member of our club, we understand you have the right to:

- Enjoy the time you spend with us and know that you are safe.
- Be told who you can talk to if something's not right.
- Be listened to.
- Be involved and contribute towards decisions within the club.
- Be respected by us and other team members and be treated fairly.
- Feel welcomed, valued and not judged based on your race, gender, sexuality, faith or ability.
- Be encouraged and develop your swimming, para-swimming and open water swimming skills with our help and support.
- Be looked after if there's an accident or injury and have your parents/guardians informed, where appropriate.

As a member of our club we expect swimmers to:

Essentials

1. Keep yourself safe by paying attention and listening to your coach or teacher, behave responsibly (not disrupting the session or affecting other swimmers) and speak out when something isn't right.
2. Take care of the club's equipment and the premises we hire as if they were your own.
3. Make it to training and competitions on time and if you're running late, let a member of the club know.
4. Make your coach or teacher aware if you have any difficulties attending training or competitions.
5. Not wander off, or leave training or a competition without telling your coach, teacher or team manager.
6. Bring the right kit to training and competitions.



7. Follow the rules of the club, squad or activity at all times.
8. Respect the privacy of others especially in the changing rooms.

Behaviour

9. Make our club a fun, happy, friendly and welcoming place to be.
10. Respect and celebrate difference in our club and not discriminate against anyone else on the grounds of age, gender, race, sexual orientation, faith or ability.
11. Act responsibly on poolside, in the pool and in the changing rooms, and not indulge in horseplay which may cause accident or injury. There must be no running on the poolside and no pushing or pulling of swimmers into the water.
12. Not enter the water unless specifically directed to do so by the coach in charge of the session.
13. Be dressed appropriately for swimming activities: no jewellery should be worn as it is a hazard; for safety and hygiene reasons swimming hats should be worn; long and shoulder length hair must be tied back; shorts and bikinis are not considered suitable for swimming activities.
14. Understand that the use of abusive or inappropriate language, bullying, physical violence or any other behaviour which hurts others will not be tolerated by the club.
15. Not use any device to take photographs or footage of others in the changing rooms or cubicles.
16. Report any concerns you have about others taking photographs or footage of others in the changing rooms or on poolside.
17. Understand that poor behaviour may result in the club taking disciplinary action against you. Any behaviour which may be a criminal offence will need to be reported to police by the club.
18. Report any incidents of bullying or unkind behaviour to the club, even if you're just a witness.
19. Treat other swimmers with respect and appreciate that everyone has a different level of skill or talent.



20. Support and encourage your team mates. tell them when they've done well and be there for them when they are struggling.
21. Respect the swimmers competing for other teams at competitions.
22. Set a good example at all times whilst representing the club both at the pool and at galas and competitions.
23. Respect the committee members, coaching and teaching team and all volunteer helpers at the club.
24. Use the changing room lockers, where available. The club will not be liable for any article lost or stolen while on the premises, whether or not stored in a locker.
25. Get involved in club decisions, it's your sport too.

Breaches of this Code of Conduct may result in disciplinary action being taken against you by the club committee.

I agree to abide by and follow this code of conduct.

Signature of the child

Signature of parent/guardian

Date